

# ENCECON | ICP 2022

EMBODIED EXPERIENCE OF INTERSUBJECTIVITY: EXPLORING  
THE BOUNDARIES BETWEEN "SELF" AND "OTHER"

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April 20, 2022

Dear colleague,

Thank you for accepting our invitation to participate in the first-ever joint ENCECON-ICP workshop, organized by Mind & Life Europe, that will take place at the Domaine de Fréchet - les PEP 59 in Le Reposoir, France on July 4-8, 2022. We are honored and delighted to include you in our collective exploration of **embodied intersubjective experience**.

As mentioned in our invitation letter to you, the goal of this workshop is to explore how phenomenology and microphenomenology may be deployed to inform and benefit neuroscientific research. We will do so by engaging in a co-emergent, collaborative effort to reach greater clarity about the affordances and obstacles to the realization of a contemplative science of mind and life. Our workshop will be one example of the work that is necessary to strengthen the gentle bridges of which Francisco Varela spoke during the first Mind and Life Dialogue between scientists, philosophers, and contemplatives.

During the workshop, we will collectively engage in an iterative process of exploring intersubjectivity through contemplative practices, microphenomenological interviews and analysis, small-group work, and dialogue and partnership with each other, drawing on insights and perspectives from phenomenology and the cognitive sciences. Coming together as equal co-investigators in the laboratories of our own embodied experience, and drawing on our individual expertise and experience, we hope to embark on an inner and outer journey of refining our individual and collective understanding of intersubjectivity and the study of it.

We are not planning for any formal talks during the workshop, but we are setting aside ample spaces in the schedule where everyone is invited to contribute their insights, both from their personal experience and from their disciplinary expertise. This workshop seeks to build on the mutual respect, openness, creativity, and curiosity that has characterized some of our previous MLE gatherings.

Attached you will find a detailed schedule for the workshop and we invite you to plan your travels accordingly (for an arrival during the day on Monday and a departure on Friday afternoon). As we get closer to the event, we will be in touch again to make sure that you have all the information you need for your arrival. We look forward to welcoming you at the workshop in July!

With kind regards,

The MLE Team & The Joint ENCECON-ICP Planning Committee

Time	Monday, July 4th	Time	Tuesday, July 5th	Wednesday, July 6th	Thursday, July 7th	Time	Friday, July 7th
		6:30	Optional Morning Activity (meditation, walk, run...)	Optional Morning Activity (meditation, walk, run...)	Optional Morning Activity (meditation, walk, run...)	6:30	Optional Morning Activity (meditation, walk, run...)
		7:30	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	7:30	<i>Breakfast</i>
		9:00	Morning Meeting: Introduction and reminder of the principles (of the microphenomenological interview)	Morning Meeting	Morning Meeting	8:30	Morning Meeting
		10:00	<i>Short Break</i>	<i>Short Break</i>	<i>Short Break</i>	9:00	Looking Forward: Questions, Preliminary Findings & Deliverables
		10:10	i) Contemplative/experiential Exercise I ( <i>solo</i> ) ii) Microphenomenological Interview iii) Introduction and reminder of the principles (of the microphenomenological analysis)	i) Contemplative/experiential Exercise II ( <i>pairs</i> ) ii) Microphenomenological Interview	i) Contemplative/experiential Exercise III ( <i>group</i> ) ii) Microphenomenological Interview		
		12:30	Philosophical Intermezzo I	Philosophical Intermezzo I	Philosophical Intermezzo I	12:00	ENCECON   ICP Closing
		13:00	<i>Lunch &amp; Break</i>	<i>Lunch &amp; Break</i>	<i>Lunch &amp; Break</i>	12:30	<i>Lunch</i>
		14:30	Afternoon Session I: Microphenomenological Analysis	Afternoon Session I: Microphenomenological Analysis	Afternoon Session I: Microphenomenological Analysis	14:00	Departures
16:00	Arrivals & Registration	16:00	Philosophical Intermezzo II	Philosophical Intermezzo II	Philosophical Intermezzo II		
		16:30	Afternoon Session II: Neuroscience - Emerging Questions in the Field	Afternoon Session II: Neuroscience - Emerging Questions in the Field	Afternoon Session II: Neuroscience - Emerging Questions in the Field		
		17:30	<i>Break</i>	<i>Break</i>	<i>Break</i>		
18:00	Meditation	18:00	Afternoon Session III: Dialogue between Neurophenomenology & Microphenomenology	Afternoon Session III: Dialogue between Neurophenomenology & Microphenomenology	Afternoon Session III: Dialogue between Neurophenomenology & Microphenomenology		
19:00	<i>Dinner</i>	19:00	Philosophical Intermezzo III	Philosophical Intermezzo III	Philosophical Intermezzo III		
		19:30	Meditation	Meditation	Meditation		
20:00	Welcome & Introductions	20:00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>		
		21:00	Reflections from Contemplatives	Reflections from Contemplatives	Reflections from Contemplatives		
21:30	Evening Meditation	21:30	Optional Evening Meditation	Optional Evening Meditation	Optional Evening Meditation		