



## 2016 Francisco J. Varela Award Recipients

### **Gabriel Axel Montes**

University of Newcastle (Australia)

*Elicitation interviews as a contemplative intervention: insights from stroke into body ownership and agency.*

### **Carlos Garcia Rubio and Catherine Andreu**

Pontifical Catholic University of Chile

*The effects of mindfulness practice on neural correlates of executive functions in elementary school children: a cluster-randomized controlled trial.*

### **Britta Hölzel**

Department of Neuroradiology, Klinikum rechts der Isar, Technical University of Munich

*Is the neural signature of emotion regulation following a 2-week mindfulness intervention in chronically depressed patients characterized by positive fronto-limbic connectivity?*

### **Barbara Jachs**

Consciousness and Cognition Lab/ University of Cambridge

*The neurophenomenology of meditative states: Integrating neural markers of consciousness with dimensions of subjective experience.*

### **Gesa Kappen**

Behavioural Science Institute, Radboud University Nijmegen

*The effect of an online mindfulness-based intervention on partner acceptance and relationship quality.*

### **Anna Reeb**

IRCA, University of Haifa

*Mindfulness and refugee mental health: Cross-cultural contemplative science with a social mission.*

### **Michael Tremmel and Freya von Hohnhorst**

University of Giessen, Germany

*Risks and adverse effects of meditation.*

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