



MIND & LIFE

EUROPE

2017 Francisco J. Varela Award Recipients

Mind & Life Europe congratulates the awardees and wishes them all the best in their research.

Oussama Abdoun

INSERM UMR 1028 – Lyon (France)

Investigating the deconstructive effects of Open Presence meditation on neural representations of perceptual objects and bodily signals using magnetoencephalography

Michelle Carr

Swansea University (United Kingdom)

Dream Work, Dream Yoga: A comparative neurophenomenological study of intentional practices for healing nightmares

Liudmila Gamaionova

Institute of Social Sciences for Contemporary Religion (ISRRC), University of Lausanne (Switzerland)

Effects of two different meditation-based programs on the dynamics of stress response

Annika Lübbert

Department of Neurophysiology and Pathophysiology, University Medical Centre Hamburg-Eppendorf (Germany)

Assessing the subjective experience of engaged interaction: How asking questions about experience influences experience and behavior in the mirror game, an interactive coordination task

Patricia Milz

The KEY Institute for Brain-Mind Research, Department of Psychiatry, Psychotherapy and Psychosomatics, University Hospital of Psychiatry, Zurich (Switzerland)

Do personality traits and brain electric activity predict how meditation affects individuals' psychological and physical well-being? – a combined electrophysiological and mobile app-based experience sampling approach

Willeke Rietdijk

University of Southampton (United Kingdom)

A micro-phenomenological exploration of Vipassana and Shamatha meditators' experiential shifts into deeper meditation

Frank Schumann

School of Philosophy, Psychology and Language Sciences, University of Edinburgh (United Kingdom)

Mindful movement and skilled attention: quantifying changes in spatial awareness induced by a mindful sensorimotor intervention based on the Feldenkrais Method.

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