



MIND & LIFE  
EUROPE

## Second ENCECON Workshop in June 2019 (on invitation only)

**European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON)** workshop to be held at the Schloss Buchenau, near Frankfurt in Germany, from 11th to 15th June 2019.

This will be the second ENCECON workshop. The main aim of the ENCECON workshops is to provide for an in-depth and integrated discussion of what is known, what is not known, and what approaches could be taken to address outstanding questions in the understanding of mind and consciousness from the first- and third-person perspectives. To facilitate this, the workshop will be structured as a residential 3-day retreat. Each speaker/participant will present their work relevant to one of the key themes in a brief presentation. Each workshop day will allow time for in-depth theoretical discussions, methodological brain-storming sessions, and first-hand explorations of states of consciousness under the question.

The initial ENCECON meeting took place in June 2016, exploring three topics related to contemplative neuroscience:

1. the role of the brain resting state in meditation,
2. the role of the body in meditation,
3. neuro-phenomenology (please see the programme of the first meeting for more information).

The feedback has been very positive with the speakers/participants keenly looking forward to a further meeting. For the second workshop, we would like to explore the similarities and differences in phenomenology and the neural dynamics of meditation, hypnosis, trance and psychedelics. In addition to the group from the first workshop, we have invited new speakers/participants with expertise relevant to the upcoming workshop's theme. The format of the workshop, as we have experienced it, is a refreshing alternative to large conferences and symposia, facilitating a lively and productive dialogue in an informal and open-minded atmosphere.